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WHAT IS CLAIMED IS:

1. A process that comprises forming a pressurized, molten mixture of a melt-processable polylactide (PLA) resin containing about 3 to about 15% by weight, based on the weight of the PLA resin, of carbon dioxide, and extruding the molten mixture at an extrusion temperature through a die to a region of reduced pressure such that the carbon dioxide expands and the PLA resin simultaneously cools to form a stable foam.

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- The process of claim 1, wherein the PLA resin contains at least 80% by weight polymerized lactic acid units.
- 3. The process of claim 2, wherein the PLA resin contains at least 99% by weight polymerized lactic acid units.
 - The process of claim 2, wherein the lactic acid repeating units are a mixture of L- and D- enantiomers.
 - 5. The process of claim 4, wherein the PLA resin is amorphous.
 - 6. The process of claim 5, wherein the mixture of L- and Denantiomers includes from about 85-96% by weight of one enantiomer and about 4-15% by weight of the other enantiomer.

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- 7. The process of claim 5, wherein the extrusion temperature is from from about 80 to about 120°C.
- 8. The process of claim 1, wherein the molten mixture is formed under conditions such that the carbon dioxide is a supercritical fluid, and the molten mixture is maintained under such supercritical conditions until it reaches the die.

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9. The process of claim 7, wherein the PLA resin contains about 5 to about 13.5% by weight CO₂.

- 19. The process of claim 2 wherein the PLA resin further contains a nucleating agent.
 - 11. The process of claim 7 wherein the PLA resin further contains a nucleating agent.
- 10 12. The process of claim 2 wherein the PLA resin contains long-chain branching.
 - 13. The process of claim 12 wherein the PLA resin is the reaction product of a linear PLA resin and a polyfunctional branching agent having reactive groups that react with hydroxyl or carboxyl end groups on the linear PLA resin.
 - 14. The process of claim 5, comprising the further step of heat treating the foam to induce crystallinity.

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- 15. A process that comprises forming a pressurized, molten mixture of a melt-processable amorphous polylactide (PLA) resin and carbon dioxide, adjusting the temperature of the mixture to a temperature above its solidification temperature but not above 120°C, and extruding the molten mixture through a die to a region of reduced pressure such that the carbon dioxide expands and the PLA resin simultaneously cools to form a stable foam.
- 16. The process of claim 15, wherein the molten mixture is formed under conditions such that the carbon dioxide is a supercritical fluid, and the molten mixture is maintained under such supercritical conditions until it reaches the die.

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17. The process of claim 15, comprising the further step of heat treating the foam to induce crystallinity.

- 18. A PLA foam made according to the process of claim 1, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).
 - 19. A PLA foam made according to the process of claim 5, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).
- 20. A PLA foam made according to the process of claim 7, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).
 - 21. A PLA foam made according to the process of claim 15, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).
 - 22. A PLA foam made according to the process of claim 16, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).

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- 23. A PLA foam made according to the process of claim 17, having a density of from about 1 to about 17 pounds per cubic foot (16-272 kg/m³).
 - 24. An extruded foam of a polylactic acid resin having lactic acid repeating units that are a mixture of L- and D- enantioners, wherein the mixture of L- and D- enantioners includes at least 4% of each enantioner, and wherein the foam has a crystallinity of at least 10 J/g, as measured by differential scanning calorimetry.
- 25. The extruded foam of claim 24, wherein the mixture of L- and D-enantiomers includes 86-95% of one enantiomer and 5-14% of the other enantiomer, and the crystallinity of the foam is about 13-24 J/g.